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Designed, Pieced and Quilted by Angela Hernandez Cardinal Creek Quilting

MATERIALS:

[1] ATXSH Panel 3/4 yard Roses Cream 2-1/4 yards Bluebells Navy 1/2 yard Bluebells Light Blue 1/4 yard Cowboy Toss Cream 3/4 yard Bluebells Cream 3/4 yard Texas Blender Red 1/3 yard Texas Blender Blue 1/4 yard Longhorns Blue 1/2 yard Roses Navy 1/4 yard Cowboy Toss Navy 3 yards White Wood Blender 1 yard Red Wood Blender 1-1/2 yard Caramel Wood Blender 8 yards Fabric of choice for Backing 3/4 yard for Binding

RECOMMENDED TOOLS:

Tucker Trimmer 1

READ THROUGH ALL INSTRUCTIONS BEFORE STARTING THIS PROJECT. FABRICS ARE SEWN RIGHT-SIDES TOGETHER USING A 1/4" SEAM ALLOWANCE THROUGHOUT. WOF = WIDTH OF FABRIC; RST = RIGHT SIDES TOGETHER; HST = HALF SQUARE TRIANGLE

CUTTING INSTRUCTIONS:

From ATXSH Panel:

Trim [1] State of Texas and seal to applique on background.

From Roses Cream Fabric: (A)

Cut [4] – $3'' \times$ WOF strips for block strip assembly Cut [1] – $3'' \times 18''$ strips for partial strip assembly Cut [32] – 3'' squares

From Bluebells Navy Fabric: (B)

Cut [16] — 3" squares Cut [8] — 7-3/4" squares Cut [16] — 6-1/2" × 17-1/4" rectangles for Border 2

From Bluebells Light Blue Fabric: (C)

Cut [8] - 7-3/4" squares

From Cowboy Toss Navy Fabric: (N) Cut [4] - 5-1/2" squares

From Cowboy Toss Cream Fabric: (D) Cut [6] - 5-1/2'' squares

From Bluebells Cream Fabric: (E)

Cut [8] — 4-3/4" squares Cut [8] — 7-3/4" squares Cut [16] — 3" squares

From Texas Blender Red Fabric: (F)

Cut [16] — 4-3/4" squares Cut [8] — 7-3/4" squares

From Texas Blender Blue Fabric: (G)

Cut [16] — 4-3/4" squares

From Longhorns Blue Fabric: (H)

Cut [6] — 5-1/2" squares

From Roses Navy Fabric: (I)

Cut [4] – 3" \times WOF strips for strip assembly Cut [1] – 3" \times 18" strips for partial strip assembly

From White Wood Blender Fabric: (J)

Cut [24] - 4-3/4'' squares Cut [20] - 10-1/2'' squares Cut [8] - 11'' squares Cut [8] - $3'' \times 5-1/2''$ rectangles Cut [1] - $5-1/2'' \times$ WOF strip

From Red Wood Blender Fabric: (K)

Cut [8] — 11" squares

From Caramel Wood Blender Fabric: (L)

Cut [16] $- 3'' \times 5 \cdot 1/2''$ rectangles Cut [1] $- 5 \cdot 1/2'' \times WOF$ strips Cut [1] $- 5 \cdot 1/2'' \times 18''$ strips for partial assembly Cut [9] $- 3'' \times WOF$ rectangles for Border 1

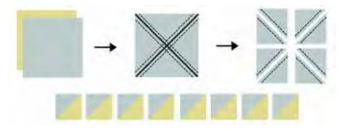


BLOCK ASSEMBLY: Star Block Assembly

- Refer to the cutting requirements list, quilt photo and quilt layout diagram for the placement prints.
- Follow pressing arrows for successful piecing.
- All half-square triangles (HST) are constructed using the Eight at a Time method. The method is explained below.

Eight At A Time HST Method

- 1. Pair [2] equal sized squares RST, raw edges aligned.
- 2. Draw [2] diagonal lines from corner to corner on the wrong side of the lighter square.
- 3. Sew a scant 1/4" on each side of the drawn lines.
- 4. Cut the square into [8] sections in the following order:
 - a. Once vertically at the halfway measurement.
 - b. Once on the horizontally at the halfway measurement.
 - c. On the diagonals between the lines of stitching.
 - d. Trim up the squares as needed. (Tucker Trimmer 1 was used for trimming.)



Border Star Block A

 Using the 8 at a time method, make HST using the 4-3/4" squares in the following combinations: E&J, J&G, J&F, and F&G to make 2" HSTs. Square up as needed. Make [64] of each, using [8] pairs of squares for each combination.



2. Arrange [4] F&G HSTs into a four-patch unit as shown. Sew the HSTs into rows.

 Sew the rows together to make a pinwheel (3-1/2" square). Make [16]. See Spinning Seams instructions for pressing Pinwheels.





Spinning Seams: Turn the pinwheel to the wrong side. Notice the direction of the seams in the block. Working with the last seam sewn, push half of it in the same direction of the nearby seams, the other half in the opposite direction. You may need to unstitch a few stitches in the center seam allowances if there is any resistance to lying flat. When done correctly, a tiny pinwheel appears in the very center and all the seams lie flat in the circular direction around the block.



4. Sew J&G & J&F HSTs together side to side as shown to make Unit 1. Make [64].



5. Sew [2] Unit 1 to either side of the pinwheel as shown. Make [16].



5. Sew A&B squares to each end of the remaining unit 1 to make Unit 2. Make [32].



 Sew a Unit 2 to the top, another to the bottom of the pinwheel to complete the star block (6-1/2" square) Make [16].





Star Blocks B

- Using the 8 at a time method, make HST using the 7-3/4" square B&C combination to make 3" HSTs. Square up as needed. Make [16].
- 2. Sew [2] HSTs from Step 1 to make [8] HST assembly.



 Using 3" squares A&I and unit from Step 2. Make [4].



4. Along with Fabric H 5-1/2" square [2] flying geese from Step 2. Make [2].



5. Using the units from Step 2 and 3, place and sew as shown. First sew into [3] rows, then sew the rows together. Make [2] 10-1/2" squares.



Star Blocks C1 and C2

These blocks have the same layout, with different center blocks. Follow the same directions as listed for Star Blocks B.

- Using the 8 at a time method, make HST using the 7-3/4" square F&E combination to make 3" HSTs. Square up as needed. Make [48].
- 2. Sew [2] HSTs from Step 1 to make [24] HST assembly.
- 3. Using 3" squares E&A and unit from Step 2. Make [12].
- Along with Fabric D (Block C1) 5-1/2" square
 [2] flying geese from Step 2. Make [4].
- Along with Fabric N (Block C2) 5-1/2" square
 [2] flying geese from Step 2. Make [2].

 Using the units from Step 2 and 3, place and sew as shown. First sew into [3] rows, then sew the rows together. Block C1: Make [4]. Block C2: Make [2] 10-1/2" squares.



Block C1

Block C2

Star Blocks D1 and D2

These blocks have the same layout, with different center blocks. Follow the same directions as listed for Star Blocks B.

- Using the 8 at a time method, make HST using the 7-3/4" square B&C combination to make 3" HSTs. Square up as needed. Make [48].
- 2. Sew [2] HSTs from Step 1 to make [24] HST assembly.
- 3. Using 3" squares A&B and unit from Step 2. Make [12].
- Along with Fabric D (Block D1) 5-1/2" square
 [2] flying geese from Step 2. Make [4].
- Along with Fabric N (Block D2) 5-1/2" square
 [2] flying geese from Step 2. Make [2].
- Using the units from Step 2 and 3, place and sew as shown. First sew into [3] rows, then sew the rows together. Block D1: Make [4]. Block D2: Make [2] 10-1/2" squares.





Block D1

Block D2

Star Block E

These blocks have the same layout as Block C1, with Fabric H as the center blocks. Follow the same directions as listed for Star Blocks C1.





Chain Block A and B Assembly Strip Assembly A

1. Using [1] Fabric A $3'' \times$ WOF strip, [1] Fabric L $5-1/2'' \times$ WOF and [1] Fabric I $3'' \times$ WOF, sew together on the long edges as shown. Repeat with the 18'' strips of the [3] fabrics.



2. Cut strip set into [16] $3^{\prime\prime} \times$ 10" units to make Unit A.

Strip Assembly B

1. Using [1] Fabric A $3'' \times$ WOF strip and [1] Fabric I $3'' \times$ WOF, sew together on the long edges as shown. Make [2] assemblies.



2. Cut strip set into [24] 3" \times 5-1/2" units to make Unit B.

Unit C Assembly

1. Using [2] Unit B, sew them together as shown. Make [12].



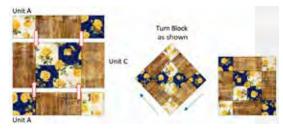
Unit D Assembly

1. Using [1] Unit C, sew [2] Fabric L $3'' \times 5-1/2''$ on the right and left sides of Unit C as shown. Make [8].



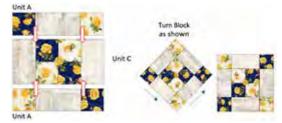
Chain Block Assembly A

 Referring to the diagram, use [2] Unit A and [1] Unit C sew together as shown, paying careful attention to the orientation of the Four Patch and the Unit A pieces. Make [8] 10-1/2" squares.



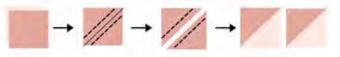
Chain Block Assembly B

- 1. Sew [1] Fabric J 5-1/2" \times WOF strip in between [1] Fabric A 3" \times WOF and [1] Fabric I 3" \times WOF on the long edges.
- 2. Cut strip set into [8] $3^{\prime\prime} \times$ 5-1/2" units.
- Referring to the diagram, use [2] Unit A and [1] Unit C sew together as show, paying careful attention to the orientation of the Four Patch and the Unit A pieces. Make [4] 10-1/2" squares.



QUILT TOP ASSEMBLY:

Half Square Triangle Block



- Referring to the HST1 assembly diagram, use Fabric K&J 11" squares draw a line from corner to corner.
- 2. Sew a scant 1/4'' on each side of the line.
- 3. Cut on drawn line. Make [16] 10-1/2" HST-1.



Assemble quilt blocks as shown in the diagrams below. Press your seams with the corresponding arrows. There are [6] rows of [8] 10-1/2" squares and Rows 4 & 5 with the Panel in the middle.

Row 1 Assembly





Row 2 Assembly



Row 3 Assembly



Row Four and Five Assembly



- 1. Assemble [3] of the blocks from each row pressing the seams as directed by the arrows above to make Assembly A.
- 2. Assemble [3] more of the blocks as labeled above in each row to make Assembly B. Press seams as directed above.
- 3. The center block is assembled with [4] 10-1/2" blocks of Fabric J sewn together.
- 4. Cut the state of Texas and the republic seal and applique to the block.
- 5. Sew Assemblies A and B to each side of the 20-1/2" block with appliqued Texas.

Row 6 Assembly



Row 7 Assembly



Row 8 Assembly



6. Sew the [8] rows together.

BORDER ASSEMBLY:

Border 1

- 1. Using Fabric L $3'' \times$ WOF border strips, sew together end to end. Sew a strip to each side of the quilt. Trim even with top and bottom.
- 2. Using remainder of strips, sew to the top and bottom.

Border 2

- 1. Use Star Block A and Fabric B strips $6-1/2'' \times 17-1/4''$ for Border 2. Use [5] Star Block A and [4] $6-1/2'' \times 17-1/4''$ Fabric B to assemble the top and bottom borders.
- 2. Use [3] Star Block A and [4] $6-1/2'' \times 17-1/4''$ Fabric B to assemble the side borders.
- 3. Sew side borders on to quilt top center.
- 4. Sew top and bottom border to quilt top.



FINISHING:

- 1. Layer the quilt top with batting and backing.
- 2. Quilt as desired.
- 3. Bind & Label
- 4. Enjoy!





Angela Hernandez

Thirteen years ago, Alex and Angela met while serving in the Army in Honolulu Hawaii. Alex was just off the plane from Iraq when he took a cab to Tripler Hospital to meet Angela who was stationed there in the Nurse Corp. Ten months later they got married. Together they have 7 children (Mine, His and Ours.) and two grandchildren. Angela has been a nurse since 2003. She graduated from the University of Missouri

in May of 2016 with a Doctor of Nurse Practice (Family Nurse Practitioner). She enjoys working in healthcare, but her passion lies in anything creative.

Cardinal Creek Quilting was born out of an idea that started 2 years ago. Angela was fond of quilting but had not actually made a quilt! She bought her first 3-yard quilt book to make a quilt for her vintage RV, and the rest is history.

